# DAY ONE Sale Les

TIME

### ACTIVITY

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8:30 AM	Arrive and Check-In
8:45 AM - 10:30 AM	Icebreaker: Introductions
	Is Babysitting for Me?
	Child Development
10:30 AM - 10:45 AM	15 Minute Break
10:45 AM - 12:00 PM	Diapering - Diaper Relay Activity
	Pottying 101
	Bath Time
	Sleepy Time
	Out and About
12:00 PM - 12:30 PM	Lunch Break
12:30 PM - 2:00 PM	Nutrition and Feeding
2:00 PM - 2:10 PM	10 Minute Break
2:10 PM - 3:00 PM	Finish Nutrition Section
3:00 PM	Class Ends

# DAY TWO Sale Leo

TIME

### ACTIVITY

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8:30 AM	Arrive and Check-In
8:45 AM - 10:30 AM	Day One Questions
	Connecting with Parents
	Handling Finances
10:30 AM - 10:45 AM	15 Minute Break
10:45 AM - 12:00 PM	Basic First Aid and Handling Emergencies
	When the Child is Sick
	Cleanliness
	Childproofing
	Safety Basics by Age Level
12:00 PM - 12:30 PM	Lunch Break
12:30 PM - 2:00 PM	First Aid/CPR/AED Training
2:00 PM - 2:10 PM	10 Minute Break
2:10 PM - 3:00 PM	First Aid/CPR/AED Training
3:00 PM	Class Ends

## DAY THREE SCHEDULE

#### ACTIVITY

8:30 AM

TIME

Arrive and Check-In

8:45 AM - 12:00 PM First Aid/CPR/AED Training

First Aid/CPR/AED Skills Test

12:00 PM - 12:30 PM Questions

12:30 PM

Class Ends

#### WHAT SHOULD I BRING?

Lunch for Day 1 and Day 2

Pencil or pen

Small notebook

A great attitude!

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development.

University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating.

UT Extension provides equal opportunities in programs and employment.

