

DAY ONE SCHEDULE



TIME

ACTIVITY

8:30 AM	Arrive and Check-In
8:45 AM - 10:30 AM	Icebreaker: Introductions
	Is Babysitting for Me?
	Child Development
10:30 AM - 10:45 AM	15 Minute Break
10:45 AM - 12:00 PM	Diapering - Diaper Relay Activity
	Pottyng 101
	Bath Time
	Sleepy Time
	Out and About
12:00 PM - 12:30 PM	Lunch Break
12:30 PM - 2:00 PM	Nutrition and Feeding
2:00 PM - 2:10 PM	10 Minute Break
2:10 PM - 3:00 PM	Finish Nutrition Section
3:00 PM	Class Ends

DAY TWO SCHEDULE



TIME	ACTIVITY
8:30 AM	Arrive and Check-In
8:45 AM - 10:30 AM	Day One Questions
	Connecting with Parents
	Handling Finances
10:30 AM - 10:45 AM	15 Minute Break
10:45 AM - 12:00 PM	Basic First Aid and Handling Emergencies
	When the Child is Sick
	Cleanliness
	Childproofing
	Safety Basics by Age Level
12:00 PM - 12:30 PM	Lunch Break
12:30 PM - 2:00 PM	First Aid/CPR/AED Training
2:00 PM - 2:10 PM	10 Minute Break
2:10 PM - 3:00 PM	First Aid/CPR/AED Training
3:00 PM	Class Ends

DAY THREE SCHEDULE



TIME

ACTIVITY

8:30 AM

Arrive and Check-In

8:45 AM – 12:00 PM

First Aid/CPR/AED Training

First Aid/CPR/AED Skills Test

12:00 PM – 12:30 PM

Questions

12:30 PM

Class Ends

WHAT SHOULD I BRING?

Lunch for Day 1 and Day 2

Pencil or pen

Small notebook

A great attitude!