

2020

MAY

MARATHON
MONTH



Williamson County residents....

Are you ready for a challenge?

WALK or RUN a full or half marathon in 31 days

Full Marathon = 26.2 miles Half Marathon = 13.1 miles

Registration: Now - April 30, 2020

Register online:

<https://tiny.utk.edu/wilcomarathon>

Guidelines: (Please follow CDC pandemic guidelines on social distancing, etc.)

- ☞ Open to any Williamson County resident
- ☞ Select Full or Half Marathon to walk or run
- ☞ Register on line by April 30, 2020
- ☞ Count fitness miles not everyday steps
- ☞ Complete in 31 days (5/1-5/31)
- ☞ Report miles by Friday, June 5 through web link
- ☞ Finishers will receive recognition

Contact: Patsy Watkins pwatkin2@utk.edu
or find us on Facebook



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[UT Extension Williamson County](#)